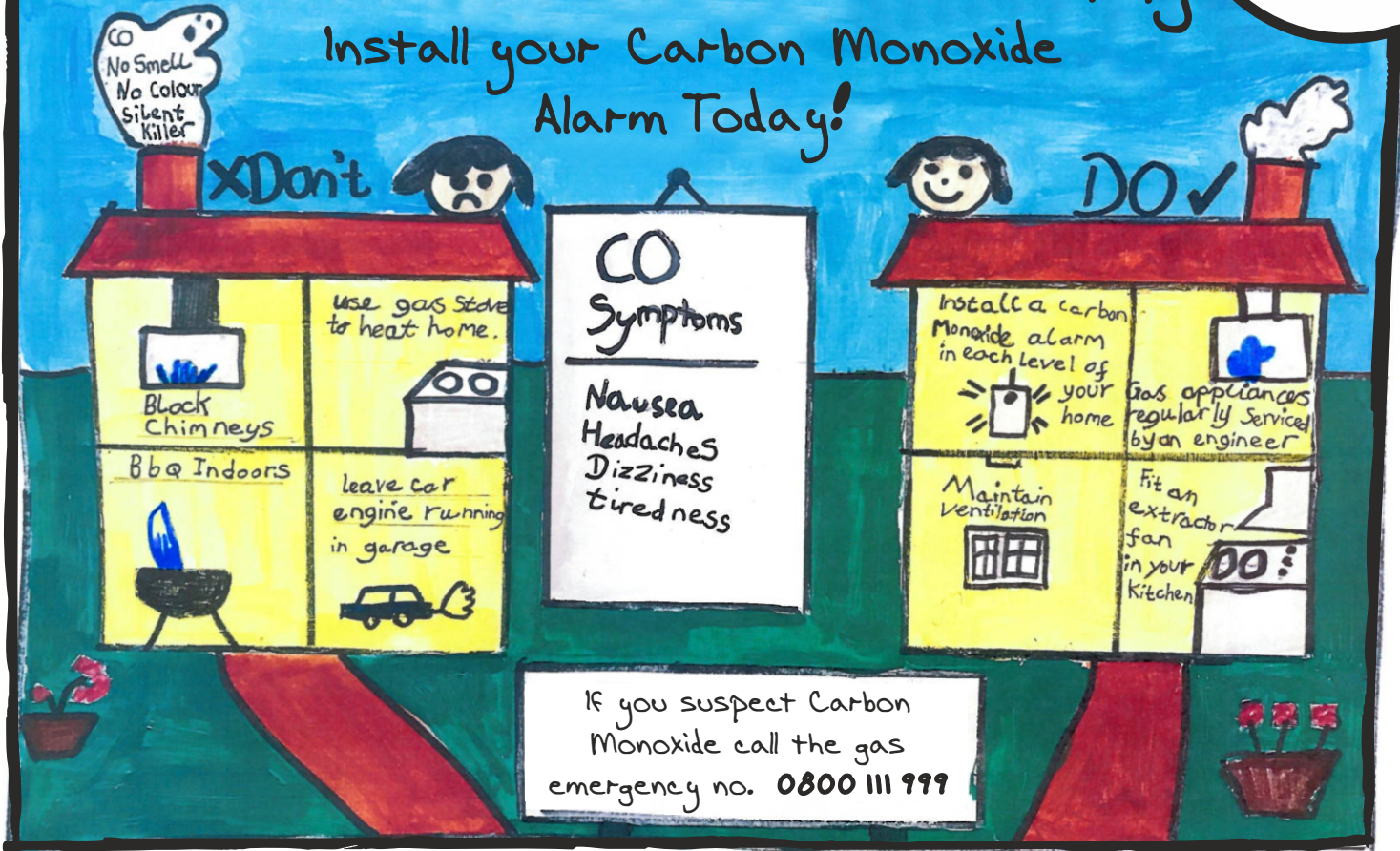


Carbon Monoxide Poisoning

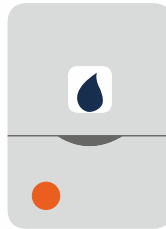
Install your Carbon Monoxide Alarm Today!



Carbon monoxide (also known as CO) is a dangerous gas which has no colour or smell.

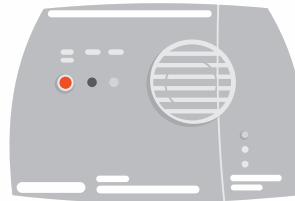
If you breathe a lot of it in, it can make you very ill.

CO can be found in your home, and comes from things like cookers, boilers and chimneys that aren't working properly.



< All gas flames in your home should be blue, not orange

It's important to make sure the appliances in your home, such as cookers and boilers, are checked by a gas engineer every year.



< A carbon monoxide alarm like this one can save your family's life, alerting you if there's dangerous CO in your home.

Signs of CO poisoning



Sickness



Headache



Dizziness



Tiredness

How to keep you and your family safe

✓ Do

Install a carbon
Monoxide alarm
in each level of
your home



Gas appliances
regularly serviced
by an engineer



Maintain
ventilation



Fit an
extractor
fan
in your
Kitchen



✗ Don't



Block
Chimneys

Use gas stove
to heat home.



Bbq Indoors



leave car
engine running
in garage



If you think you have a CO problem at home:

- Open doors and windows
- Turn off gas appliances such as cookers and leave the house
- See your **doctor** quickly or go to **hospital** - let them know you think you have **CO poisoning**. They can check your blood and breathing.



If you think there is carbon monoxide in your home or school, call the gas emergency number:



0800 111 999





We're looking for budding young artists to help us spread the word on the dangers of the silent killer, carbon monoxide (CO).

- ★ Your artwork can be a brilliant poster, cartoon, video or poem –
- ★ so get creative! To enter the competition, you must be 5-11 years old and create a piece of art warning people of the dangers of CO.



Find out more about our competition.



Now you've learnt all about carbon monoxide, why not test your knowledge and complete our quiz online?

